

Winter 2017

Dear Crewmember,

In the late 1400's, Christopher Columbus asked the Spanish Monarchs to support his 'Enterprise of the Indies'. On August 3, 1492, Columbus set sail with three ships and some 90 men to search for a trade route to the West Indies. Instead, he found San Salvador, Cuba, and the North American continent. When he returned to Spain seven months later, he brought back exotic birds, slaves, and gold. The potential for future riches so excited the monarchs of Spain, that they promptly sent Columbus back with 17 ships and over 1,200 people to find vaster treasures.

My journey is of a similar kind, but the treasure I seek is of the mind, heart, and soul, and, as Columbus rewarded the Spanish Empire for their support, I will also share with you the treasure I find.

Mine, is a spiritual journey, in which I intend to question all the conventions of our modern world - all the ideologies, myths, and illusions that shape our understanding of the world - and think everything anew, as if for the first time: What is Happiness? What is Love? Why Death? What's the meaning of our short presence on this Earth? How can we live with greater joy, purpose, and presence? I am headed towards a new orientation to life, if you will.

As I find these answers...these Recipes for Wisdom...I will send them to you for safekeeping inside your Treasure Box. With each one, I will include my own interpretation; the way in which each recipe has enriched my spiritual journey, and the methods I have devised to incorporate their wisdom in my life.

From time to time, I also plan on sending you small mementos, photos, and postcards from wherever my journey takes me. Enclosed is a postcard I wrote you from Camden Harbor, along with a photo of a sign that told me I am on the right path.

This journey would not be possible without you. You truly are the Wind in my Sails.

All the very best,
Theo

